

Publication: Palm Beach Post; Date: Dec 7, 2015; Section: Accent; Page: E1

**SCENE MAKER** LOCALS TELL US THEIR FAVORITE THINGS TO DO HERE

# Boca woman stays busy helping charities, overseeing Eau spa

Catherine Warren taps a few favorite spots in her usual routine.

**By Mary Thurwachter**  
Special to The Palm Beach Post

Catherine Warren is a busy woman. She teaches spin classes, helps her husband restore an Addison Mizner home in Boca Raton, does a bit of oil painting when she has time and isn't afraid to get her hands dirty with some backyard gardening now and then.

She served as a "Wild for Wildlife" South Florida Wildlife Center committee member and sits on the steering committee for Artist for Others – an annual event benefiting Habitat for Humanity, Children's Home Society and Holy Ground Shelter for Homeless, three local charities selected as recipients for the 2015 event. With her help, the inaugural 2014 Artists for Others raised more than



**Catherine Warren, spa and leisure director for Eau Palm Beach Resort & Spa, has her hair, nails, and makeup done while enjoying Champagne and cupcakes.** DAMON HIGGINS / THE PALM BEACH POST

**\$100,000 for Agape International Missions – a group that works to rescue children from sex trafficking.**

Then there's her day job.

**As spa and leisure director for Eau Spa at Eau Palm Beach Resort & Spa in Manalapan,**

**Maker continued on E2**